



The key objectives of the programme are to train high caliber, competent and well -versed counselors, to provide students with an opportunity to explore the provision of counseling within various settings, and to meet the challenges of modern times with regard to social relationships. The programme will provide a wide scope of knowledge and skills in major areas of counseling



A mean grade of C+ (Plus) at K.C.S.E level  
Equivalent Qualifications

- 2 principals and 1 subsidiary at A-level
- Diploma in Counseling from a recognized institution.



Mode (ODLM)



The course is structured to take 8 sixteen- week semesters or 4 academic calendar years (2 trimesters in an academic calendar year), in addition to practicum. However, the period can be shortened to 3 calendar years by registering for the 3 trimesters in a calendar year.



Students who register with a 3. Open & Distance Learning



The intakes for this programme are in January, May, and September. However, application for admission to the programme can be done all year round.



Graduates from this programme can be employed as counselors in various institutions such as education institutions, NGOs and hospitals among others. Graduates can also set up counseling centers to offer consultancy services.



## Programme structure

### 1ST YEAR

#### 1ST SEMESTER

Course Code	Course Title	Credit hours
THEO 111	Christian Beliefs	3
COUN 100	Introduction to Psychology	3
COUN 105	Evolution and Development of Counselling	3
LANG 100	English and Communication	3
HSCI 225	HIV and AIDS	3
BUSS 114	Entrepreneurship	3
<b>Total</b>		<b>18</b>

#### 2ND SEMESTER

Course Code	Course Title	Credit hours
COMP 100	Computer Applications	3
MATH 130	Basic Statistics	3
COUN 101	Principles of Guidance and Counseling	3
COUN 115	Introduction to social psychology	3
COUN 120	Human growth and development	3
COUN 125	Abnormal Psychology	3
<b>Total</b>		<b>18</b>

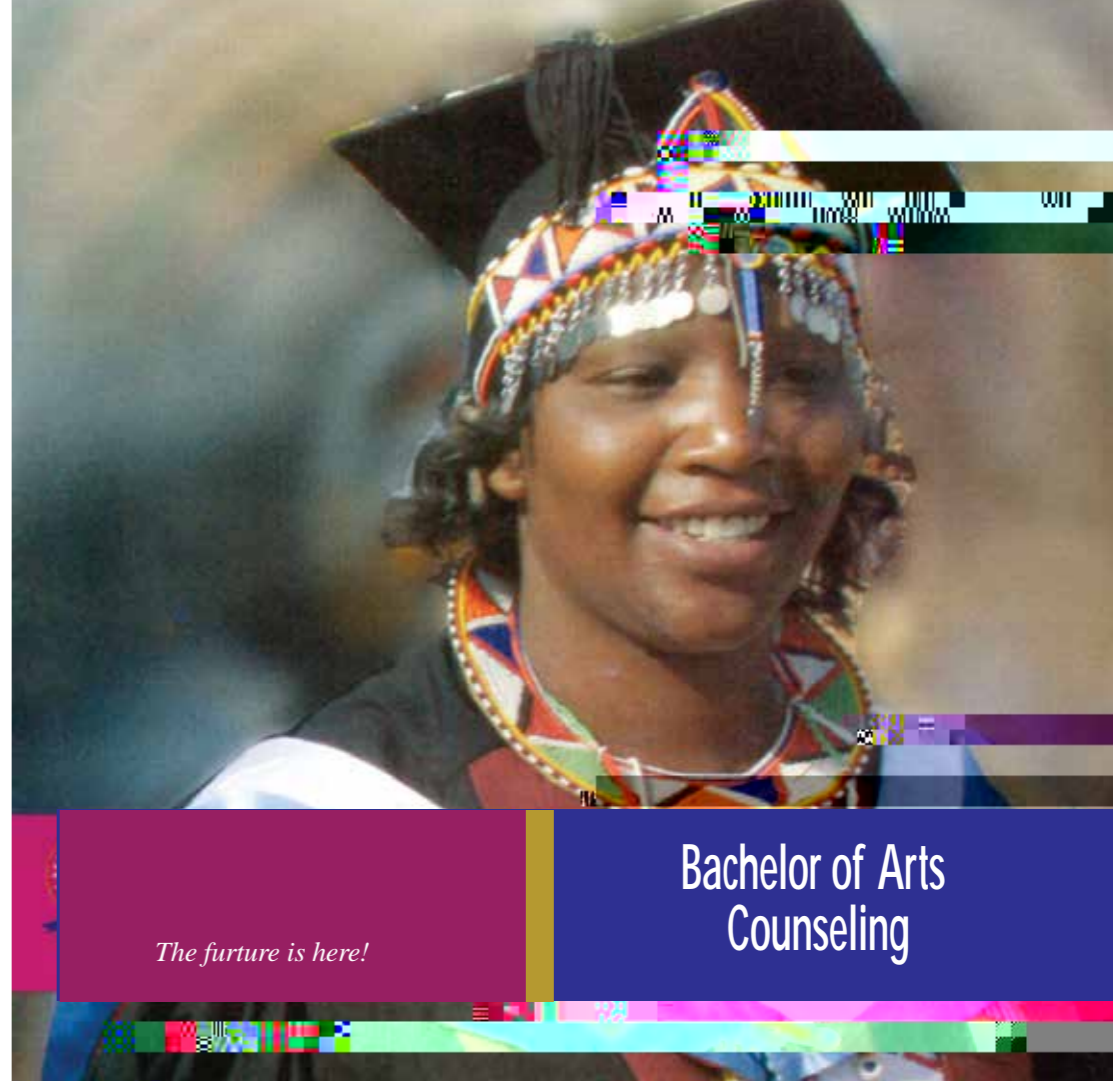
### 2ND YEAR

#### 1ST SEMESTER

Course Code	Course Title	Credit hours
SOST 202	Introduction to Research Methods	3
ENVI 201	Environmental Science	3
COUN 200	Theories of Counseling	3
COUN 205	Ethnic and Legal Issues in Counseling	3
COUN 210	Life Skills, Substance abuse and Rehabilitation	3
COUN 215	Learning Theories	3
<b>Total</b>		<b>18</b>

#### 2ND SEMESTER

Course Code	Course Title	Credit hours
COUN 220	Personality Theories	3
COUN 225	Skills and Techniques in Counselling	3
COUN 230	Human Sexuality	3
COUN 235	Psychology of Human Adjustment	3
COUN 240	Gender Issues and Counselling	3
COUN 245	Counselling Research Project Proposal	3
<b>Total</b>		<b>18</b>



*The future is here!*

Bachelor of Arts  
Counseling